FOOD AGREEMENT

• We will all have the opportunity to comment on and take part in the weekly menu planning

• People with special requirements will have suitable food available for them

• Breakfast is an essential meal. Everyone is expected to get up in time for breakfast

• We will all sit together at mealtimes

• We will each respect other people’s choice of food and manner of eating and positive manners by the table will be promoted

• We will encourage good social skills during meals

• Everyone will be given enough time to eat

• Food will be never be withheld as a form of reward or punishment

• Everyone will be encouraged to eat at least five portions of fruit and vegetables a day

... And any OTHER EXAMPLES YOU CAN COME UP WITH THE YOUNG PERSON!